





COMMON ARROWHEAD

Sagittaria latifolia

Habitat Preference

Submerged shallow water or out of water on wet muddy banks; native to sloughs, swamps, marshes and margins of stream.

Characteristics

Vegetative

Linear blade leaf type, arrowhead (sagittate) leaf shape, no true stem, leaves form a circle at the base (basal arrangement).

Flower

Three-petaled white flowers in whorls of three.

Fruit

Dry, usually one-seeded, does not separate or split open at maturity. One seed within the fruit.

Ecological Contributions to Lake Champlain

- The tuber and inner seeds of the arrowhead are food for waterfowl and muskrats.
- During the growing season, this plant extracts significant amounts of nutrients and metals from sediments and water.
- Turbidity and wave energy is reduced by adequately stocked and healthy stands.



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